

The Heritage School, Rohini

Student Monthly Planner for the Month of Sep 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 (D2)	2 (D3)	3 (D4)	4	5 School Closed for All	6 School Closed for All
	BREAKFAST:- GOBHI PARANTHA, WHITE BUTTER. LUNCH:- YELLOW MOONG DAL, PANEER BUTTER MASALA , RICE/ROTI, CUCUMBER CORN SALAD.	BREAKFAST; MOONGLET, VANILLA SHAKE LUNCH-IDLI, VADA, SAMBHAR, CHUTNEYS, COCONUT LADDOO	BREAKFAST- BHELPURI, BANANA PANCAKE LUNCH : CHHOLE POORI, RICE, ARBI MASALA, ONION LACHHA	Janmashtami		
7 (D5)	8 D6(13)	9 (D1)	10 (D2)	11 (D3)	12 (D4) Working Day For All	13 School Closed for All
BREAKFAST- VEG DALIA, BUTTER SWEET CORN LUNCH : PAV BHAJI, DAHI PAPDI CHAAT , CUCUMBER SALAD	BREAKFAST- LEMON CORIANDER RASAM, VEG UPMA LUNCH : RAJMA, VEGETABLE KORMA , RICE, ROTI, CORN BELL PEPPER SALAD	BREAKFAST- MATAR KULCHA LUNCH :GHIYA CHANA DAL, ALOO GOBHI MASALA, RICE, ROTI, BESAN LADOO	BREAKFAST ; CORN CHEESE SANDWICH AND ROASTED MAKHANA LUNCH : MATAR PANEER , VEGETABLE PULAO, ROTI, BOONDI RAITA	BREAKFAST- STUFFED OATS CHILLA LUNCH- RED MASOOR DAL, KURKURI BHINDI, RICE, ROTI, MIX VEG RAITA	BREAKFAST- VEGETABLE VERMICELLI, CHAACH LUNCH : ALOO POORI, KHATTA MEETHA PETHA, KESAR KHEER	
14 (D5)	15 D6(14)	16 (D1)	17 (D2)	18 (D3)	19 School Closed for All	20 School Closed for All
BREAKFAST-TRIANGLE PARANTHA WITH ONION TOMATO CHUTNEY LUNCH : LOBHIA MASALA, GHIYA KOFTA, MATAR PULAO, ROTI, APPLE MINT SALAD.	BREAKFAST-MASALA IDLI, NEER MOR LUNCH : KADHI PAKORA , JEERA RICE, TORI MASALA, FRYUMS, ROTI	BREAKFAST -CHHOLE, PALAK DHANIYA PURI LUNCH: PANEER BHURJI , MOONG DAL, RICE, ROTI, PEANUT SALAD	BREAKFAST-MIX DAL DOSA, PUMPKIN GHOTSU LUNCH : DAL FRY , MATAR MUSHROOM, RICE, PARATHA, PLAIN CURD	BREAKFAST : BROCCOLI PARATHA, CURD LUNCH: CORN SPINACH SANDWICH , SPAGHETTI IN RED SAUCE, FRUIT CUSTARD.		
21 (D4)	22 (D5)	23 D6(15)	24 (D1)	25 (D2)	26 Working Day for Teachers	27 School Closed for All
BREAKFAST : VEG STUFFED BESAN CHILA WITH TANG LUNCH: BLACK CHANA, VEGETABLE JALFREZI , JEERA RICE/ ROTI, MINT RAITA.	BREAKFAST; KACHORI, ALOO SABJI LUNCH: DAL MAKHANI , SOYA MATAR, RICE, ROTI	BREAKFAST- MASALA DOSA, LUNCH: MATAR KULCHA, DAHI BHALLA , KACHUMBER SALAD	BREAKFAST- POHA, CHHACH LUNCH: FRIED RICE, CHILLI PANEER GRAVY , HONEY CHILLI POTATO.	BREAKFAST : PAV BHAJI, HOT CHOCOLATE MILK LUNCH : DAL BUKHARA, MIX VEGETABLES , RICE, ROTI, MINT RAITA.	PINDI CHANA, AMRITSARI KULCHA, TAWA FRIED VEGETABLES, KULFI	
28 (D3)	29 (D4)	30 (D5)				
BREAKFAST : ALOO TOAST WITH ROASTED ALMOND LUNCH : MUSHROOM MASALA, RAJMA, RICE, ROTI, JEERA RAITA	BREAKFAST : VEG CUTLET, TOMATO SHORBA LUNCH: BLACK CHANA, SHAHI PANEER , RICE, ROTI, GREEN SALAD	BREAKFAST : NACHOS CHAAT WITH VEG CLEAR SOUP LUNCH: KHICHDI , ALOO TUK, ROTI, CURD, GULAB JAMUN				

PINK HIGHLIGHTED:- LACTOSE INTOLERANCE (ALLERGIC TO MILK PRODUCTS LIKE CURD, PANEER, CREAM, LASSI/CHHANCH & CHEESE ETC.)

BLUE HIGHLIGHTED:- NUTS ALLERGIC (PEANUTS & DRY FRUITS ETC.)

BROWN HIGHLIGHTED :-BOTH (LACTOSE INTOLERANCE & NUTS ALLERGIC).

DISCLAIMER:- MENU MAY CHANGE DUE TO NON-AVAILABILITY OF MATERIAL OR ANY UNEXPECTED CLOSURE OF SCHOOL.