

# The Heritage School, Rohini

## Student Monthly Planner for the Month of Aug 2026

| Monday                                                                                                                              | Tuesday                                                                                                                       | Wednesday                                                                                                                                       | Thursday                                                                                                                        | Friday                                                                                                                              | Saturday                                                                                                     | Sunday                          |
|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------|
| <b>31 (D1)</b><br>BREAKFAST:- Atta Maggi, Tang.<br>LUNCH: Sindhi kadhi, Aloo Tuk, Matar Rice, Roti.                                 |                                                                                                                               |                                                                                                                                                 |                                                                                                                                 |                                                                                                                                     | 1 School Closed for All                                                                                      | 2 School Closed for All         |
| <b>3 D6(9)</b>                                                                                                                      | <b>4 (D1)</b>                                                                                                                 | <b>5 (D2)</b>                                                                                                                                   | <b>6 (D3)</b>                                                                                                                   | <b>7 (D4)</b>                                                                                                                       | 8 Working Day for Teachers                                                                                   | 9 School Closed for All         |
| BREAKFAST- <b>Stuffed Moong Dal Chilla, Sweet Lassi</b><br>LUNCH:-Black channa, Kurkuri bhindi, Rice, Roti, <b>Mint Raita</b> .     | BREAKFAST:- Vermicelli, Mint Cooler.<br>LUNCH :- Panchmeel dal, <b>Paneer Butter masala</b> , Roti, Rice, Green salad.        | BREAKFAST:- Bhelpuri, Aam panna<br>LUNCH :-Vegetable Pulao, Ghiya Kofta, Roti, <b>Apple mint salad, Mix veg raita</b> .                         | Breakfast:- <b>Veg Grilled Sandwich</b> , Coconut Water.<br>Lunch :- <b>Kadhi Pakoda</b> , Jeera Aloo, Rice/Roti, Jalebi.       | BREAKFAST:- Nachos, Veg Corn Chaat, Lemonade<br>LUNCH :- <b>Pav Bhaji, Dahi Bhalla</b> , Onion lacha                                | CT PTM for PS - V and ST PTM for VI - XII<br>LUNCH :- Red Masoor Dal, Malai kofta, Rice / Roti, Kulfi Stick. |                                 |
| <b>10 (D5)</b>                                                                                                                      | <b>11 D6(10)</b>                                                                                                              | <b>12 (D1)</b>                                                                                                                                  | <b>13 (D2)</b>                                                                                                                  | <b>14 (D3)</b>                                                                                                                      | 15                                                                                                           | 16 School Closed for All        |
| Breakfast- <b>Veg Frankie</b> , Roohafza.<br>Lunch:- <b>Dal Bukhara, Veg Jalfrezi</b> , Rice, Roti, <b>Boondi Raita</b> .           | Breakfast:- <b>Veg. Poha</b> , Coconut Water<br>Lunch :-Vada, Sambhar, Chutneys, Lemon Rice, Appalam.                         | Breakfast:- Broccoli Paratha With <b>Curd</b> .<br>Lunch :- Amritsari Dal, Kasoori Methi Aloo, Rice, Roti, <b>Pineapple Raita</b> .             | BREAKFAST:- Masala Dosa, <b>Rasam</b> .<br>LUNCH :- Rajma, Baingan Masala, Rice, Roti, Green salad.                             | Breakfast:- <b>Pizza Sandwich</b> .<br>Lunch :- <b>Tri Colour Biryani, Matar Paneer</b> , Roti, <b>Mix Veg Raita, Gulab Jamun</b> . | <b>Independence Day</b>                                                                                      |                                 |
| <b>17 (D4)</b>                                                                                                                      | <b>18 (D5)</b>                                                                                                                | <b>19(D6)</b>                                                                                                                                   | <b>20 (D1)</b>                                                                                                                  | <b>21 (D2)</b>                                                                                                                      | <b>22 (D3) Working Day For All</b>                                                                           | <b>23 School Closed for All</b> |
| Breakfast:- Veg. Macaroni, <b>Chocolate milk</b> .<br>Lunch :- Ghiya Chana Dal, <b>Paneer Bhujji</b> , Rice, Roti, Kachumber Salad. | Breakfast:- Masala Idli, Sweet Lassi.<br>Lunch :- Matar, Kulcha, <b>Dahi papdi</b> , Corn Bell Pepper Salad.                  | Breakfast:- <b>Stuffed oats chilla, Almond milk</b> .<br>Lunch :- Dal Fry, <b>Soya Chaap Masala</b> , Rice, Roti, <b>Kesari Makhana Kheer</b> . | Breakfast:- <b>Veg Sandwich</b> , Roasted Makhana.<br>Lunch :- Black Masoor Dal , Fry Arbi , Rice, Roti, <b>Mix Veg Raita</b> . | Breakfast:- <b>Veg Upma</b> , Shikanji.<br>Lunch :- Veg Noodles Honey Chilli Potato, Veg Manchurian.                                | Breakfast:- Sooji Uthappam , Tomato Chutney<br>Lunch:- Chole, Puri, Rice, Khatta Metha Petha, onion rings.   |                                 |
| <b>24 (D4)</b>                                                                                                                      | <b>25 (D5)</b>                                                                                                                | <b>26</b>                                                                                                                                       | <b>27 (D6)</b>                                                                                                                  | <b>28</b>                                                                                                                           | <b>29 School Closed for All</b>                                                                              | <b>30 School Closed for All</b> |
| BREAKFAST: <b>Veg dalia, Strawberry Shake</b> .<br>LUNCH: <b>Kadhi Pakoda</b> , Rice , Roti, Soya matar dry, Fryms.                 | Breakfast:- Nutella Sandwich, <b>Milk</b> .<br>LUNCH: <b>Dal Bukhara, kadhai mushroom</b> , Rice, Roti, <b>Besan laddoo</b> . | <b>Milad Un Nabi</b>                                                                                                                            | Breakfast: Aloo paratha, <b>Butter, Curd</b> .<br>Lunch: Desi Macaroni, <b>Corn Spinach Sandwich</b> , Choco chip Brownie.      | <b>Raksha Bhandhan</b>                                                                                                              |                                                                                                              |                                 |

**PINK HIGHLIGHTED:-** LACTOSE INTOLERANCE (ALLERGIC TO MILK PRODUCTS LIKE CURD, PANEER, CREAM, LASSI/CHHANCH & CHEESE ETC.)

**BLUE HIGHLIGHTED:-** NUTS ALLERGIC (PEANUTS & DRY FRUITS ETC.)

**BROWN HIGHLIGHTED :-**BOTH (LACTOSE INTOLERANCE & NUTS ALLERGIC).

**DISCLAIMER:-** MENU MAY CHANGE DUE TO NON-AVAILABILITY OF MATERIAL OR ANY UNEXPECTED CLOSURE OF SCHOOL.